

7 Best Coastal Destinations to Start Over and Reignite Your Life

Thinking of taking a break from the daily grind? Craving a fresh start? A coastal holiday might just be what you need. Picture yourself waking up to the sound of crashing waves, feeling the sand between your toes, and embracing the serenity of a new beginning. Whether you're seeking relaxation, adventure, or self-discovery, these 7 stunning coastal destinations offer the perfect opportunity to start over and reignite your life.

1. Bali, Indonesia - Zen Paradise Awaits

Unleash your inner Zen in the serene island of Bali. With its breathtaking beaches, lush greenery, and tranquil spirituality, Bali provides an idyllic setting to start anew. Immerse yourself in yoga and meditation retreats, relish in authentic organic cuisine, and rejuvenate your senses with holistic wellness practices. From the iconic Uluwatu Temple to the picturesque beaches of Seminyak, Bali will captivate your heart and soul.

2. Amalfi Coast, Italy - Where Elegance Meets Simplicity

If you're seeking a coastal destination infused with grace and simplicity, the Amalfi Coast in Italy is your haven. Known for its dramatic cliffs, colorful cliffside towns, and delectable cuisine, this UNESCO World Heritage Site offers the perfect setting to reset your life. Stroll through the narrow streets of Positano, indulge in authentic Italian gelato, and marvel at the breathtaking views from Ravello. The Amalfi Coast will inspire you to embrace the beauty of simplicity.



Starting Over (Coastal Holiday Series Book 3)

by Jessie Kelley (Kindle Edition)

★★★★☆ 4.5 out of 5

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Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
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3. Cape Town, South Africa - The Vibrant Gateway to Adventure

Ready to embark on an exciting new chapter? Cape Town is the ideal coastal city for adrenaline junkies and nature enthusiasts. Surrounded by the majestic Table Mountain and stunning beaches, Cape Town provides a plethora of outdoor activities, such as hiking, surfing, and shark cage diving. Explore the vibrant city center, immerse yourself in the local culture, and ignite your adventurous spirit. Cape Town offers endless possibilities for those seeking thrill and growth.

4. Maldives - Unwind in Paradise

If your idea of a fresh start involves turquoise waters and heavenly sunsets, the Maldives is your dream destination. This archipelago of 26 coral atolls will whisk you away to a world of pure bliss. Dive into the vibrant coral reefs, relax in luxurious overwater bungalows, and let the warm tropical breeze rejuvenate your soul. The Maldives will wash away your worries and allow you to start over in paradise.

5. Big Sur, California - The Majestic Coastal Escape

For those seeking solace and natural beauty, Big Sur is an enchanting destination nestled on the Central Coast of California. With its rugged cliffs, towering redwoods, and pristine coastline, Big Sur offers an escape from the chaos of everyday life. Immerse yourself in the healing power of nature, take scenic hikes, and discover hidden waterfalls. Big Sur will provide the perfect backdrop for starting over and reconnecting with yourself.

6. Cape Cod, Massachusetts - Embrace Tranquility and History

Imagine starting over in a place steeped in history and old-world charm. Cape Cod, with its quaint seaside villages, picturesque lighthouses, and rich maritime heritage, is an ideal coastal retreat for those looking for tranquility and nostalgia. Take leisurely bike rides along the Cape Cod Rail Trail, indulge in freshly caught seafood, and explore the historic sites that shaped America. Cape Cod will transport you to a simpler time and awaken your sense of wonder.

7. Byron Bay, Australia - Find Your Zen Down Under

If you're looking to start afresh Down Under, Byron Bay is a coastal paradise that combines natural beauty with a bohemian lifestyle. Known for its pristine beaches, alternative therapies, and vibrant arts scene, Byron Bay offers the perfect blend of relaxation and self-discovery. Immerse yourself in crystal-clear waters, try out the latest healthy food trends, and tap into your creative side. Byron Bay will ignite your passion and guide you towards a fulfilling new chapter.

So, are you ready to embark on a coastal holiday that will rejuvenate your spirit and inspire a fresh start? Whether you're seeking tranquility,

adventure, or self-discovery, these 7 coastal destinations provide an incredible opportunity to start over and reignite your life. Embrace the journey, embrace the unknown, and embrace the magic of starting anew in paradise.



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*** Amazon #1 Best Selling Author ***

A tsunami wipes away everything - Sometimes the biggest emotional loss can reap the best romantic reward...

What do you do when you wake up alone with no memories of your past and no idea who you are? She's about to find out.

Lily Rivers was one of the victims of the Thailand tsunami. She wakes up 6 months later, with no memory of her past, or her identity. Even her name isn't really hers.

By strokes of luck, fate, or human kindness, Lily realizes she doesn't have to figure it all out for herself, and she is not really alone. She has new

friends, a new home, and a teenager whose piercing blue eyes have found a place in her heart.

There's also a handsome doctor who doesn't just compel her body to heal, he also coaxes her heart open and teaches her that the past is just one place, there's still the present and the future.

This heartwarming and wholesome romance series will take you away on a beautiful trip to the white sandy beaches of Thailand where true love is possible and anyone can start a new life. With magnificent beach settings and characters that will capture your heart right away, the Coastal Holiday Series is one you won't be able to put down. Scroll up and grab your copy today!

This is book 3 of 6 in the Coastal Holiday Series.



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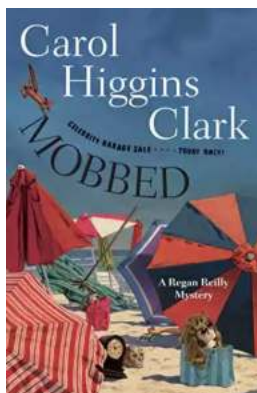
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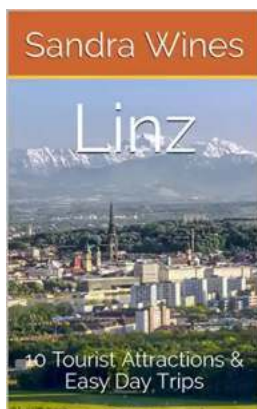
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